

# Midtowner

WEEKLY BULLETIN OF ROTARY CLUB OF RAJKOT MIDTOWN • CLUB 31287 • R.I. DISTRICT 3060

rotaryclubofrajkotmidtown  
/RotaryClubofRajkotMidtown

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2024 - 2025**

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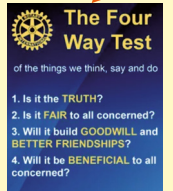
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**BRING THE BLING IN! LET'S WELCOME POSITIVITY AND LOADS OF GOODNESS  
IN OUR MIDTOWN FAMILY.... WISHING ONE AND ALL... SHUBH DEEPAWALI  
AND SAL MUBARAK!!!**



## MEETING DETAILS

**DATE** : 9th November 2024  
**DAY** : Saturday  
**VENUE** : King's Kraft  
**TIME** : 8.30 pm onwards.

**PROGRAM** : The celebrations at Midtown do not seem to end.... they just change with seasons.... So after the nostalgic Navratri celebrations, we are here with a gala Diwali fellowship dinner... Lets all exchange how we did apne style ke Diwali festivities and novel travel experiences with our kin... Rotarians, Anns and our Annets are all welcome.



## BLOW CANDLES ON



**Dr. Animesh Dhruva**  
3<sup>rd</sup> November  
98256 73539



**Dr. Nitin Lal**  
3<sup>rd</sup> November  
93777 30608



**Dr. Bhavesh Sachde**  
3<sup>rd</sup> November  
98243 01234



**Dipen Vinda**  
4<sup>th</sup> November  
98242 90090



**Jay Changani**  
5<sup>th</sup> November  
98242 13552



**Dr. Nilesh Raval**  
5<sup>th</sup> November  
98242 29218



**Siddharth Patel**  
14<sup>th</sup> November  
90814 99099



**Dharti Rathod**  
14<sup>th</sup> November  
98256 13633



## ANNIVERSARY WISHES

**Dr. Nirav & Dr. Shailee Mody**  
11<sup>th</sup> November  
98251 12651

**Deepak & Meera Unadkat**  
11<sup>th</sup> November  
96386 99099

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### Dr. Nishant Rathod

Consultant Pediatric Neurologist  
DNB, FIPN (Jaslok, Mumbai), FICG (SGPGI)



## CLUB NEWS

### Meeting Mein :

It is better to debate a question without settling it than to settle a question without debating it."

Well that's what this Friday meeting was all about.. Our participants went all hammer and tongs at it... The vigour, the efforts, the energy and the fierceness was palpable!

The 'aarambh' was with the Gujarati language is a 'no-no' by Dr. Jatinbhai Mody to the 'Ha-ho' by Dr. Banuben Dhakan...

The Indo Pak Sports/Cultural relations should be a duck or a century by Kartikbhai Dadiya and Prashantbhai Kakkad..

The tete-a- tete of 'Apnowali Diwali' ya 'Baharjane wali Diwali' by Dr. Bijalben Thakkar and Dr. Miloni Lakhani...

'Live the life' or 'Leave the life' by Dr. Devangi Vaishnav, Dr. Sankalpbhai Vanzara and Dr. Ketanbhai Thakkar...

Keeping in sync with the festive theme, our team of 'Intellectual Igniters' did ignite many conceptual fireworks in the minds of the audience. Kudos to each one of you.

Dr. Ketanbhai Thakkar was smooth and impeccable with his anchoring and also made very valiant efforts to keep the participants in their allotted time limits A huge shout out to Dr. Jatinbhai Mody for giving the layout of the entire event.

The auditorium was jam-packed and everyone thoroughly enjoyed this mind boggling session. Watch out for more such events in the coming days.



## D.P.M.C LALITALAY

This Diwali, gift your loved ones and those you care for -THE GIFT OF GOOD HEALTH. D.P.M.C has brought a brilliant initiative of gifting Health cards. Do check them out and give the gift that makes a difference!



## SERVICE PROJECTS

### JOY OF GIVING :

On 25th October, at Sadhar Primary School, 80 children with very compromised background became recipients of new uniforms

(from Liberty store), notebooks, pens and pencils. The donor for this gratifying project was Mr. Rajnibhai Mehta (USA). A big thanks to

Mr. Rajnibhai for this generous gesture.

Also the old clothes distribution drive was on in full swing. About 30-40 pairs of clothes and blankets were given to the Aniyara village school teacher- Nisha Khakhar. PP Anilbhai Jasani, Dr. Banuben Dhakan, Ashvinbhai Kamdar, Hiteshbhai Vora, Rajenbhai Popat, Trusha Vora and Neeta Motla were present.



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On 29th October 2024, Gujarat Paryavaran Trust and RCRM had their monthly project of ration kits distribution. With Diwali round the corner, about 250 old needy women also received Saree kits, box of pendas, South Indian breakfast and auto fares for transportation. What a noble start to Diwali! Kudos to Dr. Banuben and team for the relentless and persistent efforts.



### ROTARY INTERNATIONAL NEWS 'When,' Not 'If': Progress Continues Toward Ending Polio

Eradicating polio around the world is still an attainable goal, Rotary International President Stephanie A. Urchick and public health experts said as they commemorated World Polio Day in the city where the vaccine was developed.

"I know it is a question of when polio will be eradicated, not if," Urchick told the audience at a livestream event on 24th October 2024, that was hosted by the University of Pittsburgh in Pittsburgh, Pennsylvania, USA. "Our Action Plan talks about improving our impact. That's really where our polio eradication program shines," Urchick added. "Millions of children won't get this crippling disease. Billions of U.S. dollars won't be spent on ancillary health care costs as a result of this disease. We have made so much progress."

World Polio Day raises awareness and funds for the Global Polio Eradication Initiative's work to eliminate the disease. Since Rotary and its partners formed the GPEI in 1988, the number of wild polio cases have decreased by 99.9%. The event highlighted Rotary's continuing efforts towards complete eradication.



### ACHIEVERS AND ACCOLADES

1. Congratulations to Dr. Piyushbhai Unadkat and Shradha Eye hospital for receiving the prestigious NABH accreditation for the second time. Truly justifies the quality healthcare they provide to their patients.



2. Congratulations to Jeet Sapariya for bagging the Best Residential Project for his project 'The Vibe' at the 'Builder of the Nation' awards held at Sayaji on 26th October 2024.



3. Accolades to Dr. Gayatriben Rathod for her insightful article on Shivanya CIDA, Child Development Center in the reputed Times of India (25/10/2024).



### CONDOLENCES

Deepest condolences to Sanepara family on the sad demise of Jijiben Lakhabhai Sanepara (Mother of Rtn Virendrabhai Sanepara).



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## FOOD FOR THOUGHT

What does a human being want? I will not use the word 'need' nor will I use the word 'aspire'.

Roti, Kapda aur Makaan are passé. As Maya Sarabhai would say, they are too terribly downmarket. Health and education have been the unfashionable and underrated currency forever. Love is a basic instinct, a popular entity in full demand. The spiritual ritual will say peace is the passion. Money is the undoubted celebrity which is celebrated everywhere! And then nothing succeeds like success. We are indeed spoilt for choices. Yet, "हमारी माँगें पूरी करो" is our constant demand to who else- God!

God made us human beings as special creatures, potentially the best living organisms on earth. The capabilities of logic, thinking, intelligence, memory and many other such higher functions attributed to the frontal lobe are the domain of homo sapiens only or may be they are the best developed in us as compared to other fauna.

Yet, the human mind is such a sensitive element which is difficult to satisfy. Fussy and finicky- humans are just too much. I am talking of common people. We have been besotted and besieged by the wishes and desires that we have on a continual basis. 'Yeh dil maange more' is our catch phrase. We are never happy with what we have and what we get. We are selfish to the extent of draining all other natural resources. I am ok with us having dreams, ambitions and goals but that volatile, vacillating mind keeps on asking for undue favours from the world. We have to have firm belief in our abilities to achieve our aims; but then ultimately as Dumbledore rightly said, "It is not just our abilities, it is our choices" ( which make us, define us).

When we keep on demanding more and more, plausible and feasible things become impractical and impossible. There is always a limit to everything and everyone. Trying and putting in efforts to achieve difficult targets is always a good thing but shooting well beyond expectations and keeping disproportionate designs is a sure-shot recipe for disappointments, dejections and disasters. The big bug is DEPRESSION. At times, this is not just a personal downslide but also a socioeconomic stigma, whether we accept that or not. And it can last a lifetime. Thoda hai thode ki zaroorat hai is the best adage of a khatta-meetha life.

At the end of the day, your friends, philosophers, guides, parents, spiritual gurus, motivational masters including the very vocal social media sultans will insist that peace, happiness and satisfaction are the 3 pillars of what a human would ideally want. सुभ, शांति અને સંતોષ. और जीने को और क्या चाहिए?

That would be the end of the rainbow. The apostle. The Zen. Nirvana. Some enlightened soul defined that in Gujarati as -

જે ગમે તે મળે - એટલે આનંદ, જે મળે તે ગમે- એટલે સુખ

Is that that simple?

As Oscar Wilde said, " When I was young, I 'thought' that money is the most important thing in life; now that I am old, I 'know' it is!"

I am not being skeptical nor am I being proverbial but the fact is it is always easier to cry in Mercedes than in a Maruti. Money does matter in today's world. I am sure, money cannot buy you any of the aforementioned pillars yet somehow it is the sun around which our solar system revolves. It is easy to say that you and I are not running after money but it does make the world go! Money is not the only monkey that we need to get off our back. The posh villas and mansions, the belligerent cars, the fancy gadgets, luxury brands, the status symbols, the materialistic, physical possessions which engulf and overwhelm us are a total knockout for fulfilment. How much money is enough, is anyone's guess! It is an endless paradox of hell and haven. The treasure trove can be a Pandora's box. It can surprise and terrify you together like a jack- in- the- box. We need to earn, yearn and learn - all together. We have to create our own Lakshman Rekha to avoid the ravages and Ravans!

Money is essential and peace is the essence.

Wealth is a wish-well, health is a well-wisher.

Opulence is never the opus, abundance is not necessarily the best dance, fortune is not the unmissable tune and prosperity is never for posterity. Yet... "the lack of money is the root of all evil"- Mark Twain! Money often costs too much. So be careful

We have to be able to find an equilibrium and equanimity; control and composure; the midway mantras. It is imperative that we find our Ikigai. Possibly, we have the best word in Gujarati to describe that feeling-

હાશ! That's the big આશ!

Penned by Dr. Ketanbhai Thakkar